

-Division 4 Monthly Newsletter-

# THUNDERING WATERS

*September 2021, Vol, 4*

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## THIS ISSUE INCLUDES...

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- DLTC
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- Membership Update Centre
- Key Club Week
- Back To School Hacks

# EDITOR'S NOTE

Dear Division 4,

As summer comes to an end and fall starts to approach, I hope everyone had an amazing summer break and prepared for back-to-school! Before the chaos of assignments and clubs begins take this time to prepare your environment, health and happiness to prepare. Executives, now is also a great time to go over your plans for heading back into Key Club and towards recruiting new members!

Key Clubbers, your hard work throughout the summer is greatly appreciated and I can't wait to see more amazing work and spirit from you all throughout the rest of the service year!

Until then, this newsletter's a pretty hefty one so grab a hot cider, chai latte or pumpkin flavoured beverage to prepare for the upcoming fall months and the joy of service.

Finesse Warriner

Division 4 Lieutenant Governor

# DISTRICT LEADERSHIP TRAINING CONFERENCE

The Eastern Canada District is holding a virtual District Leadership Training Conference (DLTC) during the month of September and we can't wait to see you there!

We will be hosting positional workshops and workshops on the key values of Key Club; character building, leadership, caring and inclusiveness!

Just a reminder that DLTC is **mandatory** for all Key Club executives to help better prepare you for this service year! If there are any questions or concerns don't hesitate to reach out to me at [lgdiv4.ecdkeyclub@gmail.com](mailto:lgdiv4.ecdkeyclub@gmail.com)

# ECD TASK FORCE

## (LAST CALL!)

### INFORMATIONAL DOCUMENTS AND RESOURCES

- Responsible for creating detailed informational resources
- Resources aimed at assisting in:
  - Meeting Tips
  - ABC Service Booklets
  - Club Executive Tips and Tricks
  - and More!

- Spearheading equity and inclusion initiatives across the district
  - Religious Holidays
  - Socioeconomic Issues in the community
  - Awareness Months
  - and More!

### EQUITY AND INCLUSION

### INSTAGRAM AND INFOGRAPHICS

- Making Instagram posts based on things they deem necessary for the district to know
  - Making Meetings Fun
  - Local Service Projects
  - How to Better Get Involved
  - and More!

- Increase the ECD's social media presence on other platforms
- Creating content based on things they deem necessary for the district to know
  - Get to Know COVID Squad
  - and More!

### TIKTOK AND OTHER MULTIMEDIA

Work will commence by the end of September, so be sure to sign up!  
(Sign up link in bio!)

# YOF OPENING SOON!

Sign up forms for the Youth Opportunities Fund will be opening on September 1st! If you're looking to get financial support for your service projects this year, be sure to sign up. You could be granted \$250-\$2500 USD for your service this year! So get creative and sign up!

Deadline is October 15th!

Application link in bio!

# All You Need To Know About: CLUB DUES

## WHAT ARE DUES?

Dues are payments made at the beginning of the service year, essential to keep you club in good standing!

## WHAT ARE DUES USED FOR?

Dues go to your club, division and Key Club International! This money is used to help support your club, go to support and/or make you eligible to attend activities for Key Clubbers like DELC, and ICON!

## WHEN ARE DUES, WELL...*DUE!*?

Dues must be paid by December 31st, but if your club gets all of your dues in early you can be eligible the Early Bird Deadline allowing you to win awards for your club!

## WHAT IF DUES ARE NOT PAID?

If dues are not paid your club may be suspended or deemed inactive. To reactivate your club a reactivation fee may be required.

# MEMBERSHIP UPDATE CENTRE

Key clubs in good standing have access to Key Club's membership update centre! With this clubs can add members and updates following club elections. This can be used to keep track of current, returning and graduated members as well as their emails and contact information. I recommend getting your member's information as soon as possible (you can use a Google Form and it's super easy)!

Speak to your Kiwanis Advisors and/or faculty advisors about updating member information following any club elections!

The membership update centre is also a great tool to help your club win a 'Strive for Five' award at DELC, meaning that they have increased their number of club members by 5 Key Clubbers!

# KEY CLUB WEEK

Everyone's favourite week is soon approaching! During the **first week of November**, get out there and show your school, friends and community what Key Club is all about!

## **M** ONDAY - SHOW YOUR K!

Spread the word! Dress up in your favourite Key Club gear and promote Key Club and the power of service in your community. Be sure to spread the word on social media too! (PS. Key Club loves to see your spirit so use #keyclubweek to spread the love and maybe win a shot at some merch!)

## **T** UESDAY - KUDOS TO THE KEY PLAYERS!

Take the day to recognize all the people who make Key Club possible! Spread the love to your faculty advisors, teachers and big time supporters!

## **W** EDNESDAY - DARE TO SHARE!

Celebrate diversity and inclusiveness within your club and division and share what makes your Key Club so unique!

## **T** HURSDAY - RANDOM ACTS OF KINDNESS!

Share the Key Club spirit all throughout your school and community! Nice messages, holding the door, thank-you cards- you name it! Today's the day to make someone's day.

## **F** RIDAY - CONNECT THE K'S

Celebrate the whole Kiwanis family and share the spirit with local Circle Ks, Kiwanis Advisors, Builder's Clubs, Aktion Clubs and K Kids



# BACK TO SCHOOL HACKS

## POMODORO TIMER

If you have difficulties studying or struggle with procrastination try using the pomodoro technique! This works by working for 25mins (AKA one pomodoro), followed by a short break and another pomodoro. 4 pomodoros is then followed by a long break! To try this out you can use websites like Pomofocus.io or Tomatotimers.com

## PHONE WIDGETS

Connecting your Calendar and Reminders apps to your home screen widgets can be a great way to keep you on top of your work and to-do lists. This will act as a reminder for upcoming events and tasks and makes them easily accessible! You can also set up your school schedules and class numbers as a widget to easily find where you need to be at which period during the start of the school year.

## PRIORITIZE SELF CARE

Although it's easier said than done, make sure you're remembering to take care of yourself especially throughout the school year. Self care does not need to be 'aesthetic' or the whole 9-yards. Just make sure you're giving yourself time to sleep and rest (yes, even if that includes naps), eat and exercise- even if its walking to a cafe with your friends. You're doing great and future you will thank you for preventing burn-out!